5th February, 2023

Theme: Carrying Capacity Topic: Building Spiritual Capacity Text: Proverbs 24:10, Isaiah 54:2-3

Introduction

Ignoring the fact that everything that occurs in the physical is being influenced by the spiritual is one of the greatest mistakes a believer can make. It is important to therefore gain stamina and stability (spiritual capacity) so as to conquer in the physical.

Discussion

What is spiritual capacity?

Why We Need to Build Spiritual capacity?

- God demands it from us for deeper fellowship with him John 4:24
- God has things he wants to show us that can only be revealed if we have the capacity to receive I Corinthians 2: 10-13, 14-16, Revelation 4:1, John 16:12.
- We need to develop capacity to face difficult times Proverbs 24:10, Ephesians 6: 10-13

How Can We Build Spiritual Capacity?

- Rely on God for guidance Proverbs 3: 5-6, Isaiah 40:31.
- Search the scriptures/study 2 Timothy 2:15; 3:16, Revelation 1:3, Joshua 1:8.
- Fellowship with believers of like minds Proverbs 27:17, Hebrews 10: 24-25.
- Praying and fasting Luke 18:1, Jude 1:20
- Search for more knowledge. Listen to teachings, read spiritual books Proverbs 23:23, Proverbs 18:15.
- Act on the Word with faith James 1: 22-25, Hebrews 4:2.

Benefits of Building Spiritual Capacity

- You develop the ability to discern and comprehend your value- Ephesians 3: 14-19
- To enforce victory in the face of future battles and spiritual warfare Eph. 6: 10-13
- For edification 1 Cor. 14: 2,4

Conclusion

The enemy is constantly trying to defeat believers. We need to be intentional about not only preparing for warfare but seek a deeper relationship with God.

Confession

As I draw close to him, I declare that I am transfigured into his very image as I move from one level of brightness to another by the Spirit of God - II Corinthians 3:18.

12th February, 2023

Theme: Carrying Capacity Topic: Building Capacity for Enlargement Text: Ephesians 3:20, Psalm 115:14, Isaiah 54: 1-3

Introduction

We are a representation of God on earth; every aspect of our lives should be at par with that of God. We need to stretch ourselves until Christ in all his dimensions is found in us.

Discussion

Capacities required for Enlargement

- Knowledge: Acquiring the right information Pro. 24:4
- Confession: Declaring God's word with faith in our hearts Mk. 11:23
- Word; reading meditating, obeying and doing Joshua 1;8, Romans 12:2
- Work: By working on our craft till we are excellent Proverbs 22: 29, Hebrews 6:11-12
- Giving: especially to the Lord Luke 6:38.
- Service: Seeking God's interest Ephesians 6:8
- Prayer: We build capacity by staying in prayer Psalms 2:7-9, Jude 1:20

Conclusion

Our father is God. We are princes on earth, so we must show it - Matthew 5:48, 1 Peter 2:9. We are fulfilling God's purpose on earth. Genesis 1:28

By building capacity for enlargement, we are creating space for God to work his wonders in us and through us. We also become useful to the kingdom and our lives become testimonies that attract people to the Gospel.

Confession

I grow and prosper in Christ. I conquer every territory as Christ has done.

19th February, 2023

THEME: EVIDENT GRACE **TOPIC:** THE PLACE OF KNOWLEDGE IN CAPACITY BUILDING **TEXT:** MATTHEW 25:14-15, HOSEA 4:6

Introduction

Knowledge is a familiarity, awareness, or understanding of someone or something, such as facts, information, descriptions, or skills, which is acquired through experience or education by perceiving, discovering, or learning. It gives you an edge over others and lack of knowledge leaves you disadvantaged - Luke 15:11-32

Discussion

Benefits of knowledge (list others)

- Knowledge makes you a partaker of the divine nature II Peter 1:3-4
- Knowledge brings deliverance John 8:32, I Timothy 2:4, Proverbs 11:9
- You can prosper in a thing to the degree of your knowledge on it Proverbs 2:10; 24:4
- You will be blessed and obtain results when you act on what you know John 13:17

Dangers of lack of knowledge (mention some)

- Slavery and bondage Isaiah 5:13
- You won't know your rights nor the season of your visitation Luke 19:41-43
- The enemies, authorities and even touts/thugs will exploit your ignorance Gen. 3:10-11

Conclusion

We can only live in the perfect will of God to the degree our minds are renewed to know it and apply it (the knowledge of the word of God).

Confession

My eyes of understanding is opened to seek God's knowledge

5th March, 2023

THEME: EVIDENT GRACE **TOPIC:** THE PLACE OF KNOWLEDGE IN CAPACITY BUILDING 2 **TEXT:** MATTHEW 25:14-15, HOSEA 4:6

Introduction

Proverbs 2:3-6

Yes, if you cry out for discernment, And lift up your voice for understanding, If you seek her as silver, And search for her as for hidden treasures; Then you will understand the fear of the LORD, And find the knowledge of God. For the LORD gives wisdom; From His mouth come knowledge and understanding;

Discussion

What the knowledge of God does

- The knowledge of God and his word build you up and deliver your inheritance to you Acts 20:32, Romans 10:17
- The knowledge of God gives you confidence in the midst of uncertainty John 6:5-8, Daniel 11:32B, Proverbs 24:5 ESV
- Knowledge helps us to develop right behavior and take right actions Philippians 3:6-8, Joshua 2:9-10
- Knowledge helps us to foster relationship John 4:10 NKJV
- Grace is multiplied through knowledge 2 Peter 1:2 KJV
- Knowledge increases our capacity.

Conclusion

Knowledge must be acquired, it cannot be received by laying on of hands - Jos. 1:8, Col. 1:9-11 The reason why you are giving excuses and explaining why things cannot be possible is because you don't know. With God all things are possible.

Confession

I dedicate myself to knowing all that I have and can be in Christ.

12th March, 2023

Theme: Evident Grace Topic: Evident Grace Through Labour Text: Acts 11:23, Proverbs 10:11, 22:29, 1 Cor.15:10.

Introduction

Whatever you want to become in life is a matter of choice. You don't need to be born into a wealthy family to experience wealth. Learn to trust in God and obey his word. Prov.10:22

Discussion

Steps to enjoy God's Grace in labour

- Learn to trust God; let him be your source Acts 11:23, I Cor. 15:10, Jer. 17:7
- Faithfulness Luke 16:12
- Creativity is key II Peter 1:2, Acts 17:23
- Learn to wait on the Lord (patience) Heb.13:16-18, Hab. 2:3, Is. 40:31
- Divine instructions is needed to gain speed Luke 5:4-5, Deut. 28:1
- Giving is not negotiable (mention various areas of giving) Eccl. 11:1
- Thanksgiving is vital Psalm 67:5-7

Conclusion

Labour takes a lot of commitment and sacrifice. God through the Holy Spirit gives instruction, our obedience to this divine instruction is key to gain speed in life - Lk. 5:4-5

Confession

I will not labour in vain, grace amplifies my labour and brings me great harvest.

19th March, 2023

THEME: EVIDENT GRACE **TOPIC:** Capacity building for relevance **TEXT:** Proverbs 24:10 {KJV}

Introduction

Relevance has to do with how important or how you can fit into what is at hand, how you can be an asset or else you become irrelevant. Consider the talents in Matthew 25:28-30

Discussion

The following are the ways to build capacity to be relevant

- 1) Seek Knowledge Hosea 4:6, Chronicles 1:1–12
- 2) Skills acquisition Pr. 12:24, Pr. 22:29.
- 3) Enhancing one's talent by being under the tutelage of an expert (Mentoring)
- 5) Be up to date, Be eligible for upgrading (Teachable).

AREAS WHERE WE MUST BE RELEVANT

- 1. In the work of God , evangelism 2 Tim. 2: 1 4, Proverb 11:30
- 2. Giving
- 3. Be involved in your local church activity.
- 4. Be relevant in your profession/business. Be good at what you do Ex. 31: 1 10, 35:31
- 5. Be relevant in your family

Conclusion

As Christians, there is need for us to be conscious of our relevance and capacity in our sphere of influence, areas of endeavors and the church of God.

Prayer

I am more relevant to my field as my capacity is built up in Jesus name.